



# North Coast Physician

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February Cover Photo:  
"Fog on Gold Beach Bluffs"  
*Stephen Kamelgarn, M.D.*

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**Caroline Connor, M.D., MPH**

*HUM PET Chair*



**H**ello everyone. It's annual survey time and now you can simply go to a site and enter data without faxing back to us. Please let us know how you want to be a part of HUMPET so we can involve you as much as you'd like or keep you from receiving requests when you do not. Here's the update:

1) Let's start in the High schools:

a. Bio and Community Health classes McKinleyville- Arcata, Eureka, Fortuna, and Ferndale all now have Bio-Community Health classes where students are exposed to all kinds of medical careers. We go to these classes, talk about our careers, lecture on medical topics, and build infrastructures that get interested students to observe you in your workplace. They have 1198 spaces this semester at College of the Redwoods for high school student's dual enrollment in a Medical Terminology course. Our high schools are trying to get more students educated about all kinds of allied health profession careers. We need that! HCOE has also created a new full-time Work Based Learning position to set up these programs. You might hear from Megan Freitas at HCOE.

a. The HESI program (the Health and Environmental Science Institute) is underway for summer 2024. You might see many students walking around at Providence St. Joseph Hospital or Open-Door where they will be exposed to all kinds of medical careers like nursing and radiology tech, surgery, and surgical tech etc.

a. Healthcare Career Weeks: HCOE is working with six middle schools to have healthcare professionals talk to the 3rd/4th periods in March, April, and May in the middle schools for outreach.

a. Del Norte High School is rocking. Their Medical Career club has 43 students and upcoming enrichment activities include: Cal Poly Humboldt Center for Regenerative Medicine, CPH Pre-Med club, and Kinesiology/Pre-Physical Therapy program.

2) Colleges/ University

a. Cal Poly's Pre-med Society is almost back on track to have lectures and talks about medical careers. They had a short hiatus when they lost a treasurer. CPH Academic Advising Center has a new PreMedical Advisor, Loren Collins. Our beloved, Dr Zhong, remains director of the CPH PreMed Club.

b. Dr. Zhong's Biology 482 class- students in one semester learn appropriate behavior and HIPPA guidelines so the next semester they can observe doctors for a certain number of prescribed hours. Those students will be reaching out to all of you to set up observations in your medical settings.

c. Paid Summer Medical Internship Class (second annual). HUMPET is a collaborator with Dr. Zhong on this grant as we help him navigate setting up these internships. Many of you worked with these students last summer and we thank you so much for your work on this project. This new set of students will be reaching out to you all soon to set up observation sites for the summer.

d. CIRM-The Center for Regenerative Medicine, a program where students spend a post graduate year doing research in a stem cell lab, at Stanford, UCLA, or Davis, for example. Students return and observe you all in the hospitals or offices in the spring just for a day. These students will be contacting you shortly.

e. College of the Redwoods-They are

expanding more dual enrollment opportunities. There is going to be site tech vocational nursing, radiation oncology technician, social work/human services, and CNA programs.

3) Medical Schools

a. Avenue M- This is a collaboration through UC Davis for a community college to medical school pathway program that aims to reduce entry barriers to medical and other healthcare careers. The UC Davis School of Medicine team has partnered with our Cal Poly Humboldt and College of the Redwoods on this program. Dr. Charlene Green is looking for help in mentoring, teaching, and shadowing positions. If you are interested in participating in any way either let us know or go on their website at UC Davis Ave M project. I believe they also have a \$500 remuneration for people helping.

a. UC Davis Prime-For years, students have rotated working at UIHS with Dr. Martinez in the Prime Program. That continues. A new Tribal Health Post Baccalaureate Program with UC Davis is also proposed to start January 2024 targeting Native American students, helping them with the process of getting into med school in hopes that they return to their local communities to practice after residency.

a. We will soon have medical students originally from California who now attend The Idaho College of Osteopathic Medicine (ICON) rotating here at some point in their med school curriculum. Providence and Open Door have signed proposal letters of agreement with ICOM and if you are interested, they can shadow

**HUM PET, continued on Pg 5**

***CMA, continued from Pg 4***

you and get to know our community of doctors.

I know many of you have Stanford medical students for a month. We thank you for that.

Please be part of HUMPET or agree to give a lecture, talk about your career, or have students observe or shadow you. These personal relationship developments with students will help to build our medical workforce for the future. §



Interested in helping to build our medical pipelines? Encourage you to get involved with our HUMPET. Help inspire local students.

If you haven't completed the survey, please let us know and we'll resend [hdncms@gmail.com](mailto:hdncms@gmail.com)



# HDN Tattler

We would like to offer our sincerest condolences to the family, friends, colleagues and loved ones of Dr. Bruce Barker who passed away in January.

**HAPPY BIRTHDAY TO:** DRS. Kate Bell, Nathan Brinckhaus, Stephen Copeland, Pippa Coulter, Robert Henriques, George Ingraham, Andrew Johnston, Terrence Kerrigan, Charles Knoll, Christopher Krone, Eric Lieberman, Joni McAtee, Donald Micheletti, Caitlin Mullins, Elizabeth Neuger, Palak Patel, Peri Penman, Jeffrey Ribordy, Philip Scheel, Glenn Siegfried, Kevin Sterling, James Sundeen, Irving Tessler, Ka Xiong, Robert Zedelis.

If you have any news you'd like to share with your colleagues..... births, marriages, get well wishes, deaths, something you'd like to "brag" about or notify your colleagues of., Please let us know so we can include it in the "HDN Tattler".

## Coming, Going & Moving Around

### COMING/HERE:

Robert Young, MD	Pulmonology	PMG
Doug Kelly, M.D..	Radiation Oncology	Dr. Russel Pardoe Radiation Oncology Center

### GOING:

Michael Borrello, M.D.

### MOVING AROUND: Please welcome our 16 new members from Sutter Coast Hospital!

Candy Burkenbine-Yamaguchi, M.D.	Carroll Christie, M.D.	Candice Dolbier, D.O.	Sandra Drager, M.D.
Melinda Jorge, M.D.	Prithvi Pande, M.D.	Jonathan Patberg, M.D.	Palak Patel, M.D.
Jefferey Raunig, M.D.	Monique Schwartz, D.O.	Ahmed Shafter, M.D.	Saiham Shahabuddin, M.D.
Kevin Sterling, M.D.	Jocelyn Talbot, M.D.	Kathleen Torres, M.D.	Russell Wong, M.D.

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## Health Awareness Calendar

### February:

American Heart Month  
National Cancer Prevention Month  
February 7-14: Congenital Heart Defect Awareness Week  
February 11-17: Heart Failure Awareness Week  
February 11-17: Sepsis Survivor Week  
February 4: World Cancer Day  
February 7: National Black HIV/AIDS Awareness Day  
February 14: National Donor Day  
February 22: National Heart Valve Disease Awareness Day  
February 29: Rare Disease Day

# CLASSIFIED ADVERTISEMENTS & BULLETIN BOARD

## PHYSICIANS NEEDED

*Members wishing to place a classified ad  
(Business- free to members for first 6 mos. /  
Personal 1/2 price)  
contact Medical Society office.*

## FOR RENT

1 bedroom/bath, washer/dryer, with private yard, pets allowed. Located in Eureka and available now.  
Contact: (707)267-7881

## MEMBERSHIP DIRECTORIES

The 2024 Membership Resource Directory will be dropped off and/or sent out soon. Please contact the Medical Society office if you need to order extra copies for you or your staff. 707-442-2367

### DID YOU KNOW.....

The Medical Society receives many calls from your offices and the public looking to find copies of medical records from physicians who have retired, moved out of the area, etc. The Medical Society tries to keep a list of where to refer for those records. Physicians relocating out of the area or retiring, please let us know.



"We at NCP are always happy to receive photos of local scenery by our member physicians who would like to have their art displayed on the cover of the North Coast Physician. However, we have certain requirements before we print. At a minimum, please send you photos as a JPEG with minimal compression (level 8 or higher). Also please size the photo to 6 inches on the "short" side at a screen resolution of 125 dpi. If you're looking for total file size for email submission we would like something of at least 0.25 MB (250 KB) up to 2.5 MB. This gives the best screen resolution plus it provides adequate resolution for anyone who wishes to print out the cover. We will also accept TIFF or PSD files, although we prefer JPEG. If you need assistance, please let us know and the editor will be more than happy to work with you in obtaining the appropriate resolution."

### KNOW OF HOUSING OPTION?

The Medical Society frequently receives calls for help in finding housing for our new physicians, Residents and other healthcare professionals. We also are trying to keep a list of "rooms" available for medical students that are rotating through . If you or know of someone who has rental or temp housing options, please let us know. Send email to: [hdcnms@gmail.com](mailto:hdcnms@gmail.com)

## Display Advertising Rate Schedule

<u>SIZE</u>	<u>MONTHLY</u>	<u>SIZE</u>
1/4 Page	\$140.00	8.00 (w) x 2.50 (h)
1/2 Page	\$160.00	8.00 (w) x 5.25 (h)
1/3 Page Vertical	\$150.00	3.00 (w) x 10.50 (h)
Full Page	\$200.00	8.50 (w) x 11.00 (h)
Full Page/Special Placement	\$275.00	8.50 (w) x 11.00 (h)
Business Card Ad	\$65.00	Copy Ready 3.50 (w) X 2.00 (h)
Classified Ads	\$5.25 per line	

*DEADLINE: 15th day of the preceding month to be published*